



explore, engage, execute, evaluate

## Bespoke away days and team building – 1 to 3 days with a variety of in-house or external venues and options.



### About the events:

CMBD Ltd have many years of experience in designing, organising and delivering team building events of all shapes and sizes to suit your company or organisation, your training objectives, and of course, your budget.

If your company is the adventurous type, why not consider a one day or a 2 to 3 day residential event at one of our carefully selected adventure venues such as Walesby in the north of Nottinghamshire. Set in 250 acres of parkland, you can choose from team building activities such as rafting, climbing, archery..... and for those with a head for heights.....crate stacking and the climbing wall. Each event is custom designed to suit your circumstances and there are over 40 activities to choose from, each facilitated by experienced staff. Those with a robust enough budget can also play with quad bikes or a helicopter!

Accommodation can range from bring your own tent to exclusive use of one of Walesby's purpose designed log cabins with full cooking and washing facilities. Those events with an overnight stay usually involve a late night camp fire and the use of a permanent marquee as insurance against the weather.



Alternatively, let us come to you with a range of classroom or externally based exercises and activities designed to get your team working together more efficiently. Whichever option you choose, your day(s) will be designed to include everyone, taking into account fitness, age and ability. After all, someone in the team has to come up with the ideas and not everyone needs to get wet or physical for the team to succeed!

**Cost:**

Costs very much depend on the venue, length of the event and activities chosen. A one day in-house event (9.30am to 4.30pm, minimum of six people) starts from £195.00 plus VAT per person.

A typical 24 hour Walesby Activity event, with a range of exercises including raft building, lazer quest and crate stacking (2.00pm Friday to 2.00pm Saturday, minimum of 10 people) with self-catering and bring your own tents, costs from £295.00 plus vat per person.

For more information and to discuss the options, please contact Brent Warren on 07850 410033 or email [brent@cmbd.org.uk](mailto:brent@cmbd.org.uk)

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